

ATHLETE ANTI-DOPING INFORMATION

The Australian Sports Anti-Doping Authority (ASADA) is Australia's driving force for pure performance in sport and aims to protect Australia's sporting integrity through the elimination of doping. ASADA deters the use of banned doping practices in sport through education, testing, advocacy and coordination of Australia's anti-doping program. It is the organisation with prime responsibility for implementation of the World Anti-Doping Code in Australia.

Athletes are advised to check the status of their existing and new medications every year due to possible changes in conditions of use.

The WADA strict liability principle states the athlete is responsible for any substances detected, regardless of how they got there.

Helpful websites/contacts:

<https://checksubstances.asada.gov.au>

ASADA Check Your Substances

Check medications here using either brand names or active ingredients.

The Check Your Substances HOTLINE on 13 000 27232 (7 days 8am -8pm AEST) or dial internationally +61 2 6222 4200

<http://www.ausport.gov.au/ais/nutrition/supplements>

The Australian Institute of Sport Supplements Page

Supplements are subject to different manufacturing and labelling laws compared with medication and as such may be at risk of containing a banned substance.

<http://elearning.asada.gov.au>

ASADA e-learning

Stay up-to-date with the latest developments and update your knowledge on testing protocols and rules

<http://www.equestrian.org.au/clean-sport>

Equestrian Australia Clean Sport

Information on Therapeutic Use Exemptions, checking your substances and supplements

<http://www.equestrian.org.au/sites/default/files/EA%20Anti-Doping%20Policy%202015.pdf>

The Equestrian Australia Anti-Doping Policy

Effective from January 1st 2015

For any human anti-doping enquiries or further information, please contact Victoria Kahn (Sports Science/Sports Medicine Manager, Equestrian Australia) victoria.kahn@equestrian.org.au

Equestrian Australia (EA) condemns doping as fundamentally contrary to the spirit of sport. EA has an anti-doping policy in full compliance with the Federation Equestre Internationale (FEI), WADA and ASADA policies. All athletes and support personnel should familiarise themselves with the anti-doping policy and should contact EA if they have any queries.